

For the Front-line: Your Guide to COVID-19 On-site

Front-line workers, like you, who are scattered across the globe are the true safety champions during this pandemic.

While many people have the luxury of working from home, heroes like you, who work in essential services ranging from construction to manufacturing, do not.

Day after day, you continue to head to work, putting your health and well-being to the side. It is our duty to empower you and make sure that you are safe everyday.

With these best practices, you can strengthen your safety culture on-site, protecting yourself and all members of your team.

WHAT YOU CAN DO

Communication and Training

Here are some points that you can bring up with your supervisor and management team to enhance safety behaviors on site:

- Request updates regarding fluid changes of this pandemic. New government regulations and protocols are being updated regularly, so ask that your team is always informed when it comes to any changes
- Call for COVID-19 training using eLearning courses to raise awareness and enhance hygiene on site
- Request the reduction in the number of in-person meetings to decrease the risk of transmission among team members
- Ask for all forms and new protocols to be circulated electronically with the help of a safety software solution
- Suggest posting signage across your site to encourage proper hygiene and social distancing
- Stay informed by becoming familiar with high-risk countries and regions which are rapidly changing every day, in addition to common symptoms and methods of transmission

Active Social Distancing

We know it may be difficult to social distance while on site, but this is something you must take seriously. Check out these tips to do your part in flattening the curve, through active social distancing:

- Ask for changes in shift schedules to reduce the number of workers on-site at one time
- Avoid shaking hands or any forms of physical contact
- Practice social distancing by standing at least two meters apart from your colleagues

Hygiene

There are several things you can do to make sure that you are protected from COVID-19 on-site. In order to be as proactive as possible, take these necessary hygienic steps:

- Regularly wash your hands and use hand sanitizer after using machinery or touching surfaces used by several people throughout the day
- If none is readily available, stress the importance of access to soap and water, in addition to hand sanitizer across all site locations
- Always wear the appropriate PPE on site to protect yourself and team members from COVID-19, and if this is not readily available request masks and gloves
- Do not touch your face, eyes, or nose with hands which have not been sanitized
- Avoid sharing objects such as pens, tools, PPE, etc.
- Cough or sneeze into your elbow and not your hands
- Wipe down your workstation with sanitizer after use
- Ask that all common areas are wiped down and that the site is thoroughly disinfected every night
- Suggest daily no-touch temperature readings across the front-line to curb the spread of the virus
- If you feel unwell, inform your supervisor immediately and leave the site

Our team at eCompliance wants to commend you and thank you for all that you are doing during this challenging time. We would not be able to pull through this pandemic if it weren't for your extraordinary efforts!

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RESOURCES

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